



. Life Simplified

Compassionate Move Managers & Organizers

Before the Trip:

- □ Check Passport-Make sure it's not expired
- □ Book Pet Sitters
- ☐ If going out of Country- Exchange Money
- □ Put a Vacation Hold on the Mail
- Arrange a House Sitter or Babysitter for Kids
- □ Empty Fridge and Take out the Trash
- ☐ If kids are going during school submit the Educational Pass Form
- ☐ Have kids gather any work they need to do while away
- ☐ Set up out of office email

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Packing:

Ш	Are you in	ying or	anving	? - Flying	у раск г	-AA reg	uiated	items			1
	Beach trip	- make	sure y	ou have	the sun	screen,	aloe,	beach	towels,	bathing	suits

hat, beach chairs, beach toys, goggles and boogey board

☐ Camping- do you have tent, sleeping bags, pillows, camping gear, bug spray

☐ Folding clothing rack- it makes drying bathing suits and towels so easy

☐ Laundry bag for those dirty clothes

☐ Handy wipes for the car or plane

□ Face wipes/Wash cloths

□ Accessories and jewelry if needed

☐ Book/kindle

☐ Air pods or speaker

☐ Hand soap

☐ Hygiene products

□ Contacts/glasses

Lotion

□ Tooth brush and tooth paste

☐ Hair brush

Sweatshirts or Coats if needed

Card games

Snacks and drinks

□ Blanket and pillow

□ Zip bags for toiletries

Chargers

☐ Medications Include

Tylenol or Motrin

☐ First aid kit with band aids

Ear plugs

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Meet Annie Kilbride, Founder & President



Annie Kilbride is the proud owner & fearless Leader of the team at Life Simplified, LLC. a Professional Move Management & Organizing Company. Annie's compassion for others & ability to use time efficiently are apparent the first time you meet her. As a former critical care nurse, she applies her knowledge and ability to connect with others to each job, utilizing her passion and talent to simplify your move, project, even your life.

Over the years, Annie has used her assessment, communication and planning skills to develop Life Simplified into more than just a professional organizing company. She has

branched out into the Professional Move Management and Staging arenas. Her ability to use her compassion along with her skills has made her a leader in all these fields.

Annie has also donated her services to local fundraising events that help the community. She has had the gratifying experience of helping two local nonprofit organizations create an amazing donation center for the community in order to provide clothes and food that they would not otherwise have any access to. She has taught at the local community college & local adult school and had many speaking engagements. Annie has even been flown to Key West to help a client, as well as, been interviewed several times on local radio and TV shows & been quoted in several different newspaper articles.

In addition to her organizational talents, Annie strives to educate others. Annie's team helps guide clients through many overwhelming and difficult life altering decision making processes with compassion and absolutely no judgement.

Annie & the Life Simplified Team go the extra mile—she will hang something on the wall, move furniture, pick up supplies, pack her car full of donations. She will even bring all your items to sell, and arrange for all pick-ups, contact auctioneers, eBay personnel and get you fair value for your unwanted clutter. Annie will arrange for the electrician, handyman, junk man, movers, etc. and keep ALL of them on schedule!

Annie & her team are members of National Association of Productivity & Organizing Professionals, Real Estate Staging Association, National Association of Specialty & Senior Move Managers, The Keys Guild, SBO Partner Program & has been voted Best of the Main Line & Western Suburbs by Main Line Today.