



Life Simplified

Compassionate Move Managers
& Organizers

Downsizing Checklist

Life Simplified
215-908-2869

anniekilbride@lifesimplifiedpo.com

www.facebook.com/lifesimplifiedpo

www.lifesimplifiedpo.com



Life Simplified

Compassionate Move Managers
& Organizers

Downsizing can be a difficult process involving many enormous decisions. Here are some of our most helpful tips to help ease the stress of Downsizing:

Goals:

- Ensure every part of your home is being used optimally so that your space works to support your daily life instead of causing stress and overload!
- Keep items in your home that are useful, meaningful, or add beauty.
- Evaluate how to rearrange your possessions and set up storage systems.
- Go through the process of donating, selling, consigning, recycling, or tossing unneeded items such as old clothing and toys.

Life Simplified
215-908-2869

anniekilbride@lifesimplifiedpo.com
www.facebook.com/lifesimplifiedpo
www.lifesimplifiedpo.com



Life Simplified

Compassionate Move Managers
& Organizers

De-Clutter:

- Start Room by Room: do not try to tackle whole house at once
- Tag & Schedule Items to Donate, Sell, Appraise, Remove
- Schedule pick up of donations, junk removal, dumpster
- Create Systems that will continue to work in your newly downsized spaces

Life Simplified
215-908-2869

anniekilbride@lifesimplifiedpo.com
www.facebook.com/lifesimplifiedpo
www.lifesimplifiedpo.com



Life Simplified

Compassionate Move Managers
& Organizers

Are you just Downsizing or Moving?
If Moving, look for our Moving Checklist

Action Plan:

- Ask for Help--packing up years worth of stuff can be emotional
- Space Plan--knowing where each piece you keep will go helps keep you on track
- Recycle all Toxins Properly--check your town website for assistance
- Share your Books--share with family, friends, local libraries, senior centers, used bookstores
- Save or Share your Memories--boxes & boxes of printed pictures? There are services that customize books, cds, videos, etc. to consolidate these precious memories
- Get Generous--ready to downsize--now is the time to gift some of your treasures to special people or organizations.

Life Simplified
215-908-2869

anniekilbride@lifesimplifiedpo.com
www.facebook.com/lifesimplifiedpo
www.lifesimplifiedpo.com



Life Simplified

Compassionate Move Managers
& Organizers

Where to Start?

Start Early~End Happy!

Always go Room by Room - We Recommend:

1. Attic
2. Basement
3. Garage
4. Closets
5. File Cabinets/Office
6. Bathrooms (yes bathrooms do accumulate clutter)
7. Bedrooms
8. Dining Room
9. Playroom
10. Kitchen (always last)

Life Simplified
215-908-2869

anniekilbride@lifesimplifiedpo.com

www.facebook.com/lifesimplifiedpo

www.lifesimplifiedpo.com



Meet Annie Kilbride, Founder & President



Annie Kilbride is the proud owner & fearless Leader of the team at **Life Simplified, LLC. a Professional Move Management & Organizing Company.** Annie's compassion for others & ability to use time efficiently are apparent the first time you meet her. As a former critical care nurse, she applies her knowledge and ability to connect with others to each job, utilizing her passion and talent to simplify your move, project, even your life.

Over the years, Annie has used her assessment, communication and planning skills to develop Life Simplified into more than just a professional organizing company. She has branched out into the Professional Move Management and Staging arenas. Her ability to use her compassion along with her skills has made her a leader in all these fields.

Annie has also donated her services to local fundraising events that help the community. She has had the gratifying experience of helping two local nonprofit organizations create an amazing donation center for the community in order to provide clothes and food that they would not otherwise have any access to. She has taught at the local community college & local adult school and had many speaking engagements. Annie has even been flown to Key West to help a client, as well as, been interviewed several times on local radio and TV shows & been quoted in several different newspaper articles.

In addition to her organizational talents, Annie strives to educate others. Annie's team helps guide clients through many overwhelming and difficult life altering decision making processes with compassion and absolutely no judgement.

Annie & the Life Simplified Team go the extra mile—she will hang something on the wall, move furniture, pick up supplies, pack her car full of donations. She will even bring all your items to sell, and arrange for all pick-ups, contact auctioneers, eBay personnel and get you fair value for your unwanted clutter. Annie will arrange for the electrician, handyman, junk man, movers, etc. and keep ALL of them on schedule!

Annie & her team are members of National Association of Productivity & Organizing Professionals, Real Estate Staging Association, National Association of Specialty & Senior Move Managers, The Keys Guild, SBO Partner Program & has been voted Best of the Main Line & Western Suburbs by Main Line Today.

Annie Kilbride, Professional Move Manager & Organizer
215-908-2869
anniekilbride@lifesimplifiedpo.com
www.facebook.com/lifesimplifiedpo
www.lifesimplifiedpo.com