



Life Simplified

Compassionate Move Managers
& Organizers

Could You
Benefit from
Professional
Organizing
Services?

Life Simplified

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When I started my business over 10 years ago, I could have never imagined the roller coaster journey that I would be on today! This never-ending learning experience has helped me discover how much creating unique systems can absolutely transform lives.

If this is the year you get your life on track, I'd love to be part of the process! If you're not sure if a professional organizer is the right fit for you, take a look at the following questions.

1. Have you made efforts to organize, but never really got around to it?

I've noticed that my clients have an excessive amount of empty organizing products that don't get used. From bins and containers to bags and filing cabinets, these bulky products usually end up causing more clutter rather than eliminating it!

I always advise my clients to organize first and hit the store second. When you start by organizing your space, you'll know exactly what products you need to help make everything look and feel neat.

2. Are you embarrassed of your tendency to hold onto things?

People like to use the word 'hoarder' or 'hoarding' frivolously, not realizing the psychological harm it can cause. Hoarding is the compulsive purchasing, acquiring, searching, and saving of items that have little or no value.

Just because you have a lot of clutter doesn't mean you are a hoarder. We all have busy lives. Clutter is totally natural, and it happens to most of us! Clutter can be the result of situational disorganization or chronic disorganization, but no matter what category you fall under, I'm here to help bring order to your life—without judgment!

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3. Could your home use some solid routines?

Busy lives, a lack of order, and a disorganized home=stressed out children! Although the little ones might create the most disorganization in our homes, they also feel the effects of a home that's in disarray.

Everyone benefits from living in an organized environment. Creating household routines can help alleviate meltdowns, back-talk, and even disrespect. I help my clients generate order so they can take control of their lives and feel more comfortable in the process.

5. Do you need help, but don't know where to begin?

So many people could use a hand in getting their home together, but they're too embarrassed or afraid to ask for help. Clutter can add stress, loneliness, and depression to a household. But relieving some of that pressure can result in more time, happiness, success, and freedom.

And you know what, your clutter might not be as extreme as you think. My clients will describe their clutter in horrendous terms over the phone, and when I show up to their house, it's not that bad!

As a Professional Organizer, I always provide patience, compassion, and experience to get my clients through the process. We can tackle disorganization one pile or one small corner at a time. It is always a pleasant and rewarding experience. Don't let fear get in the way of your progress!

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6. Does it seem like your home gets out of hand overnight?

It's easy for our homes to get disorganized. Life happens! Online shopping, discount malls, and deals at the grocery store can lead us to excessive buying. This means our lives are even more susceptible to clutter.

Less is always more. Before you decide to buy more stuff, find a home for the items you already own! Put systems in place to help maintain these organizational spaces that you've created.

It's simple! Take 5-10 minutes every day to keep things organized. Put aside 30 minutes per week to make sure you're removing items that should be tossed. Schedule 1 hour a month to organize a different room in your house, office, or garage!

If you answered yes to any of these questions, I can help! The process of guiding people as they learn to enjoy their space is absolutely incredible. Organizing doesn't have to be stressful, tedious, or overwhelming. It can be joyful!

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Meet Annie Kilbride, Founder & President



Annie Kilbride is the proud owner & fearless Leader of the team at **Life Simplified, LLC. a Professional Move Management & Organizing Company.** Annie's compassion for others & ability to use time efficiently are apparent the first time you meet her. As a former critical care nurse, she applies her knowledge and ability to connect with others to each job, utilizing her passion and talent to simplify your move, project, even your life.

Over the years, Annie has used her assessment, communication and planning skills to develop Life Simplified into more than just a professional organizing company. She has branched out into the Professional Move Management and Staging arenas. Her ability to use her compassion along with her skills has made her a leader in all these fields.

Annie has also donated her services to local fundraising events that help the community. She has had the gratifying experience of helping two local nonprofit organizations create an amazing donation center for the community in order to provide clothes and food that they would not otherwise have any access to. She has taught at the local community college & local adult school and had many speaking engagements. Annie has even been flown to Key West to help a client, as well as, been interviewed several times on local radio and TV shows & been quoted in several different newspaper articles.

In addition to her organizational talents, Annie strives to educate others. Annie's team helps guide clients through many overwhelming and difficult life altering decision making processes with compassion and absolutely no judgement.

Annie & the Life Simplified Team go the extra mile—she will hang something on the wall, move furniture, pick up supplies, pack her car full of donations. She will even bring all your items to sell, and arrange for all pick-ups, contact auctioneers, eBay personnel and get you fair value for your unwanted clutter. Annie will arrange for the electrician, handyman, junk man, movers, etc. and keep ALL of them on schedule!

Annie & her team are members of National Association of Productivity & Organizing Professionals, Real Estate Staging Association, National Association of Specialty & Senior Move Managers, The Keys Guild, SBO Partner Program & has been voted Best of the Main Line & Western Suburbs by Main Line Today.

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