



What to Get Rid of in the Bathroom

What To Get Rid Of In The Bathroom

If you haven't used it in a year, trash it. Throw away empty bottles or duplicates of stuff. This includes all expired medications, including over-the-counter medicines. Anything that does not belong in the bathroom.

1. Expired/outdated magazines
2. Books
3. Old or do not like nail polish
4. Hotel toiletries
 - a. Donate to shelters
5. Hair products or body washes that are not used
6. Make up bags or travel bags
 - a. Keep one you use and donate the rest.
7. Old razors
8. Expired makeup
 - a. How long have those cosmetics been lurking in your makeup bag? Mascara should be replaced every three months. Foundation and concealer are good for about a year, while lipstick, eye shadow and blush should be replaced every two years.
9. Makeup samples
 - a. Give away anything you know you won't use. That perfume you didn't like would go great in a DIY spa gift for your loved one.
10. Expired or unidentifiable medication
 - a. Dispose of old prescriptions and anything you can't identify.
11. Your toothbrush
 - a. The American Dental Association recommends replacing your toothbrush once every three months for maximum brushing power.



12. Old glasses
 - a. When you get your next pair of prescription frames, donate the old ones.
13. Soap scraps
 - a. Unless you're really dedicated to melting down the slivers into one mega-soap, toss them out.
14. Old or ragged poufs
15. Ragged or worn towels and wash cloths
 - a. Donate to animal shelter
16. Unwanted feminine products
 - a. Donate to shelter
17. Broken or unused hair dryers, curling irons, flat irons and rollers

About Annie



Annie is a mother of two who has always loved everything about organizing. She used it as a coping mechanism while attending nursing school and put her talents into practice when she needed to contend with masses of paperwork as a Critical Care Nurse.

Annie uses her assessment, communication, and planning skills to develop a Critical Care Plan to conquer clutter. Her passion and knowledge has turned many homes and offices into beautiful, functional spaces! She prides herself on her ability to use the items her clients already possess to create functional, attractive organizational systems. Any unwanted items she removes from her clients' homes are properly disposed of, or recycled. All donations are taken to local charities where they can be claimed by someone in need.

With several qualifications under her belt, Annie brings her years of experience to help you bring order and peace to your life. She continues to stay on top of the latest developments.